

**Carson's First Grade High Frequency Words (HFW)
for Reading and Writing**

all		from		made		that	
an		get		make		them	
and		girl		man		then	
are		going		may		there	
as		got		more		they	
back		had		not		this	
be		has		now		toy	
best		have		of		try	
big		he		on		two	
bit		her		one		up	
boy		here		only		use	
but		him		or		very	
call		his		out		was	
came		how		play		way	
come		if		run		went	
day		into		said		were	
did		its		saw		what	
do		just		say		when	
down		know		she		where	
ever		last		side		which	
every		let		so		white	
find		little		some		why	
first		long		stop		will	
for		look		take		with	
friend		love		than		you	